

October/November

THE WOLF HOWL



Empowering Wellness

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A Note From Sheila

It is with tremendous pride that we enter our 8th year of providing exceptional therapy services in Holiday Island and continue to set the standard for elite fitness and wellness. A business owner's wish list typically consists of having a great staff, provide a much needed service better than the competitors and have a dedicated customer base. With this in mind, I am simply the most blessed business owner on the planet! I have an incredible team of professionals and the most dedicated staff. We provide a much needed service in not only Holiday Island but also at our pediatric clinics and last but not least. . . WE HAVE THE BEST CLIENTS AND MEMBERS WHO HAVE SUPPORTED US ENDLESSLY OVER THE PAST 7 YEARS. Our love and passion for helping others live their best life has been our compass and will continue to guide us in everything we do moving forward. I personally thank each of you who have supported us with this mission over the years! I'm also excited to welcome those of you who have recently joined in the Wolf journey and promise to provide you and the community with the best in everything we do.



Love and Wellness,

Sheila R. Wolf

Owner/Founder

WOLF Therapy, Health and Fitness

Be the Reason

Someone

Smiles

Today

Volunteer Spotlight



If you visit the fitness center on a regular basis, you will not miss volunteer, **Connie Bush** doing what she does. Connie spends hours each week cleaning our windows, mirrors, picture frames and what ever else she notices that need attention.

We here at Wolf Wellness Center appreciate her so much for all that she does to help keep our facility clean. If you would like to volunteer please let us know.

Thank You Connie! Your dedication to WOLF is greatly appreciated!!